

Vital project in Nicaragua



Project: Health education

Objective:

Teaching health education at 111 schools in Juigalpa, Chinandega, Villa El Carmen and Madriz

Target: £21,770



Why Plan works in Nicaragua

Nicaragua is one of the poorest countries in the Americas, with nearly half the population living in poverty. One in three children suffers from chronic malnutrition and sexually transmitted diseases are common among young people. There is a lack of knowledge and basic understanding on how to prevent disease and lead healthier lives in many communities.

Health education and raising awareness on subjects such as sanitation, household hygiene, nutrition and sexually transmitted diseases can greatly reduce the risk of illness and disease.

How you can help

We need to raise £21,770 to provide health education to 111 schools in Juigalpa, Chinandega, Villa El Carmen and Madriz. The project aims to promote the importance of personal hygiene and nutrition to children and safe sex to teenagers in a positive and child friendly way. This knowledge will help future generations to avoid and prevent serious illness.

Plan staff will help teachers to create lessons in which children understand the importance of good health practices, encouraging children to devise campaigns and create drawings to highlight the value of these practices to their families. In this way, children can play an active part in changing attitudes towards health and hygiene for the better in their homes and the wider community.

Plan enables poor communities to take action together to achieve children's rights to an education, decent healthcare, clean drinking water and more. We give long-term practical support so poor communities can improve the lives of their children and themselves. We also campaign to change the way a whole range of adults - from parents to politicians - think and act, because we know their decisions can perpetuate poverty.

Children themselves can be powerful advocates for change, so we encourage them to take part in decision making, from village councils to national assemblies. And because children will be the leaders of tomorrow, we believe that strengthening their voices now will create a fairer, better world - now and in the future.

This is just one of many projects within Plan's wider health programme. With your support, this project can make a difference to the lives of many children, families and communities in Nicaragua.

Yes, I'd like to help a Plan project in Nicaragua

Please complete and return this form to Plan UK, 5-6 Underhill Street, London NW1 7HS

I would like to give £ _____ (please indicate amount) to help promote health education in Nicaragua (NIC0070)

Sometimes projects become fully-funded, and occasionally circumstance dictates that our priorities change and particular projects may have to be postponed or even abandoned. When this happens, funds may be transferred to other projects.

Please indicate how you would like to pay below:

- by cheque/postal order/charity voucher made payable to 'Plan International UK'. (Please write your supporter number, if you have one, on the reverse of the cheque and enclose it with this form.)
- by Visa / Mastercard / Amex / Diners / Maestro / CAF Charity Card: (please circle)

Name of cardholder: _____

Card number: (Maestro only)

Expiry date: /

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Signature: _____ Date: _____

Please supply your contact details:

Title: _____ Full name: _____ Supporter reference number: _____

Home address: _____

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I'm happy to receive information about Plan's work to my email address: _____

Please tick here if you would like us to acknowledge your donation.

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I declare that all donations I've made to Plan for the six years prior to this year and all donation I make from the date of this declaration until I notify you otherwise are Gift Aid donations.

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Thank you for all your support

The support these programmes provide is thanks to the generosity of our supporters but with your help we can achieve even more. If you have any questions about our work, or your support, please contact us on 020 7482 9777, or visit www.plan-uk.org.